



Pacific Benefits Flex, Inc.

Innovative Consumer Driven Health Care Solutions

On January 1, 2011, several but not all over-the-counter products will require a prescription to be reimbursed under a Health Care FSA (HSA, MSA, or HRA). This change applies to over-the-counter products containing medicines, except for insulin. However, it is important to note that this change does not apply to all over-the-counter products. There are many products and medical supplies that are still completely reimbursable through an FSA that do not require a prescription and can be purchased with your FSA debit card. Please see the following list and click through to shop these products.

FSA Eligible Medical Items

That **WILL NOT** Require a RX in 2011

- » Athletic Treatments
- » Bandages and related items (over-the-counter)
- » Blood pressure monitors
- » Cholesterol meter test kits and supplies
- » Condoms
- » Contact lenses, cleaning solutions, etc.
- » Crutches, canes, walkers or like equipment (purchase or rental)
- » Dentures, bridges, etc.
- » Diabetic monitors, test kits, strips and supplies
- » Eye related equipment/materials
- » Eye glasses (over-the-counter)
- » Family planning products
- » Fertility monitors (over-the-counter)
- » First aid kits (over-the-counter)
- » Hearing aids and batteries
- » Incontinence supplies
- » Insulin test strips, testing materials and supplies
- » Medical equipment (for treatment of medical condition) & repairs
- » Medical monitoring and testing devices
- » Monitors & test kits (over-the-counter)
- » Orthopedic and surgical supports
- » Ovulation monitor (over-the-counter)
- » Pregnancy tests (over-the-counter)
- » Urological products
- » Walking aids (canes, walkers, crutches and related supplies)
- » Wheelchair and repairs

FSA Eligible Medical Items

That **WILL** Require a RX in 2011

- » Acne treatments
- » Allergy & sinus medicine and products
- » Antacids and Digestive Aids
- » Antibiotic ointment
- » Anti-fungal and anti-itch products
- » Aspirin or other pain relievers
- » Asthma medicines or treatments
- » Canker & cold sore treatments
- » Chest rubs
- » Cold & flu medicines
- » Corn and callus removers
- » Cough drops & sore throat lozenges
- » Cough syrup
- » Diaper rash ointments and creams
- » Ear drops & wax removal
- » Gastrointestinal medications
- » Glucosamine
- » Herbal or homeopathic medicines
- » Laxatives
- » Lice treatments
- » Motion & nausea medicines
- » Nicotine patches and gums
- » Over-the-counter products for dental, oral and teething pain
- » Pain relievers for adults and children
- » Sleep aids
- » Toothache and teething pain relievers
- » Wart removal treatments



USE YOUR FLEXIBLE SPENDING ACCOUNT DOLLARS [CLICK HERE](#)

Visit <http://www.pacificbenefits.com/fsastore/> now to get instant savings on thousands of FSA eligible items.